BUILDING BRIDGES FROM CRISIS TO SAFETY

2025 ANNUAL REPORT Roy Maas Youth Alternatives



rmya®
Children's Residential Care & Counseling

BUILDING BRIDGES FROM CRISIS TO SAFETY SINCE 1976



rmya
Children's Residential Care & Counseling

Roy Maas Youth Alternatives began in 1976, when The Bridge opened as an emergency shelter for children in crisis. As the organization expanded its services, it became known as Youth Alternatives, Inc. Following the passing of its first Executive Director, Roy Maas, in 1994, the organization was renamed Roy Maas Youth Alternatives to honor his enduring legacy of service to vulnerable children.

Today, RMYA provides a continuum of care through four specialized programs:

- **THE BRIDGE**
  Emergency Shelter and Respite Services
  Children ages 5-17
- **MEADOWLAND**
  Residential Treatment Center
  Children ages 6-17
- **TURNINGPOINT**
  Transitional Living
  Young adults ages 18–24
- **FAMILY COUNSELING & RESOURCE CENTER**
  Community Mental Health
  Counseling • Psychiatry • Family Support • Prevention

50 years of helping children and families move from crisis to safety.

Dear Friends and Supporters,

As we reflect on 2025, it is clear that this was a year of outcomes — and a year that validated the strategic action and preparation we undertook in 2024 as we positioned Roy Maas Youth Alternatives to respond to dramatic shifts in Texas' child welfare system (Texas Child Centered Care: T3C). In 2024, we strengthened leadership, invested in facilities, and expanded clinical capacity because we believed the future of child welfare would reward what matters most: stability, quality, and measurable results. In 2025, we moved from readiness to results.

Across our programs, we are seeing the impact of those choices in one of the clearest indicators of effective care: **stability of placements for youth—especially for those in therapeutic care.** In a system where disruption is too often the norm, RMYA is delivering placement stability at a level that stands out. Behind every data point is a child who stayed connected to school, stayed engaged in treatment, and experienced the steady presence of caring adults long enough for trust and healing to take root.

One of the most important reasons these outcomes are improving is also one of the simplest to understand: stable youth require stable staff. In 2024, we invested in the structure, leadership development, and operational readiness necessary to better support our direct care teams for the long haul. In 2025, we continued that work, and we are encouraged by continued progress in staff engagement and retention. Consistency matters. When the adults around a child are stable and steady, the child's world becomes more predictable. And when a child's world becomes more predictable, healing can begin.

2025 was also a year of continued investment in the living and learning environments where healing happens. At Meadowland, we completed the commercial kitchen project adjacent to our gymnasium, an essential improvement that elevates our food service, strengthens daily routine, and positions us to increase capacity responsibly in response to the State's need for high-quality placements. On our San Antonio campus, we expanded and remodeled our Family Counseling & Resource Center, an investment that is already increasing our ability to serve children and families through counseling, aftercare, and family support. These are not simply capital projects. They are practical commitments that make care more consistent, teams more effective, and programs more scalable without compromising quality.

In short: 2024 was a year of thoughtful preparation, investment, and progress. 2025 was a year in which those investments moved from investment to impact, preparation to performance in programmatic growth, improved workforce stability, and sector-leading outcomes for children in care.

I am deeply grateful for the people who made this possible: our direct care staff, clinicians, educators, and operations teams who show up with steadiness and compassion; our Board and public partners who share our commitment to excellence; and the donors and friends whose generosity turns vision into reality. Your support is not abstract. It becomes the daily conditions children need in order to heal: a safe place, a steady routine, a trusted relationship, and a real chance to thrive.

As you explore this annual report, I hope you see the story clearly — how far we have come, where we are heading, and why it matters. Every step we take is guided by our unwavering commitment to helping young people find the courage to dream again and to build the bright futures they so deserve. Thank you for standing with us in this mission.

With gratitude,



Blair Thompson
Chief Executive Officer
Roy Maas Youth Alternatives

THE **WORLD AROUND** A **CHILD MATTERS.**

Social determinants of health are conditions that shape a person's health and well-being. For children in foster care, these foundational conditions have often been profoundly disrupted, placing them at significantly greater risk for poor outcomes. With timely intervention and consistent support, those outcomes can be transformed.



Early trauma can alter the course of a child's life. Timely intervention can change that course.

HOUSING STABILITY

1 in 4

experience homelessness.

American Academy of Pediatrics https://www.healthychildren.org/English/family-life/family-dynamics/adoption-and-foster-care/Pages/Aging-Out-of-Foster-Care.aspx

EDUCATION

5x

less likely to earn a college degree by their mid-to-late 20s.

Annie E. Casey Foundation, 2025: 8–12% of young people with foster care experience vs. 49% of young adults overall

INCARCERATION

MORE THAN 40%

of young people transitioning from foster care experience incarceration by age 20.

Janczewski, Mersky & Kaiser, Child Abuse & Neglect, 2025; National Youth in Transition Database

EARLY PREGNANCY

NEARLY HALF

(49%) of young women with a history of foster care experienced at least one pregnancy by age 21.

Childbearing Among Young Adults Who Experienced Foster Care." Child Maltreatment, 23(2), 166–174

MENTAL HEALTH

UP TO 80%

of children and adolescents enter foster care with a significant mental health need.

American Academy of Pediatrics, Health Care Issues for Children and Adolescents in Foster Care and Kinship Care; reaffirmed 2025

FEWER CHILDREN. GREATER **NEEDS.**

In 2021, Texas raised the threshold for removing children from their homes, prioritizing family preservation whenever children can safely remain with their families.

Since then, significantly fewer children have entered foster care. But those who do enter care often have more complex needs, requiring specialized behavioral health, medical, and residential services.

Fewer children are entering foster care. Those who do, need us now more than ever.

38%
Fewer children removed statewide

34%
Fewer children removed in Bexar County

FEWER CHILDREN DOES NOT MEAN LESS NEED.

Texas reports that the declining foster care population has resulted in a population of children with increasingly complex needs.

Children in care may require specialized services to address significant **behavioral, emotional, and medical needs**.

Source: Texas Department of Family and Protective Services, 2025–2029 Child and Family Services Plan

IT TAKES NEARLY 2 YEARS
for a child in Texas foster care to achieve permanency.

20.6 months | Source: Texas Department of Family and Protective Services, FY2025 Relative and Other Designated Caregiver Placement Program Report.



TEXAS RAISED THE STANDARD.

RMYA WAS READY.

Texas transformed its foster care system through Texas Child-Centered Care (T3C), a new model designed to strengthen quality, accountability, and outcomes for children in care.

As Texas raised expectations for residential providers, RMYA had already made strategic investments in the people, clinical services, facilities, and systems needed to provide high-quality, trauma-informed care.

- ☑ **Early T3C credentialing**
- ☑ **National COA reaccreditation**
- ☑ **Expanded clinical capacity**
- ☑ **Prepared for children with the most complex needs**

Excellence is not an aspiration. For vulnerable children, it is a responsibility.

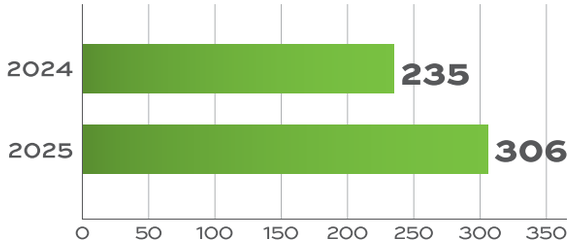
INVESTING BEYOND REIMBURSEMENT

T3C represents meaningful progress but does not fully cover the true cost of high-quality residential treatment. Associated expenses continue to exceed the State's reimbursement levels.



PROVIDING GREATER ACCESS TO CARE

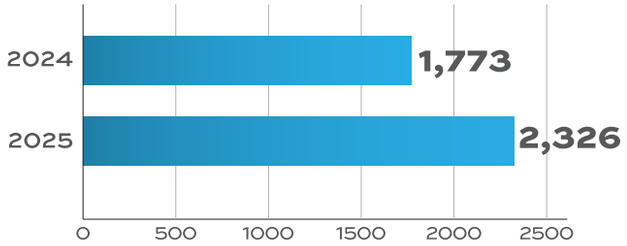
THROUGH EXPANDED BEHAVIORAL HEALTH SERVICES.



71 more children and families served in 2025

30% more

CHILDREN & FAMILIES SERVED



553 more counseling sessions provided in 2025

31% more

COUNSELING SESSIONS PROVIDED

As Texas prioritizes keeping children safely with their families whenever possible, the need for accessible, community-based behavioral health care continues to grow. RMYA responded by expanding the Family Counseling & Resource Center's capacity—providing trauma-informed counseling, family support, and access to pediatric psychiatric care through our partnership with UT Health San Antonio.

The result: stronger family preservation, with more children and families receiving the care they need to remain safe, stable, and together.



NO TWO JOURNEYS ARE ALIKE.

Every child arrives with a different story. Our continuum of care ensures they receive the right services, at the right time.

PROTECT › HEAL

THE BRIDGE

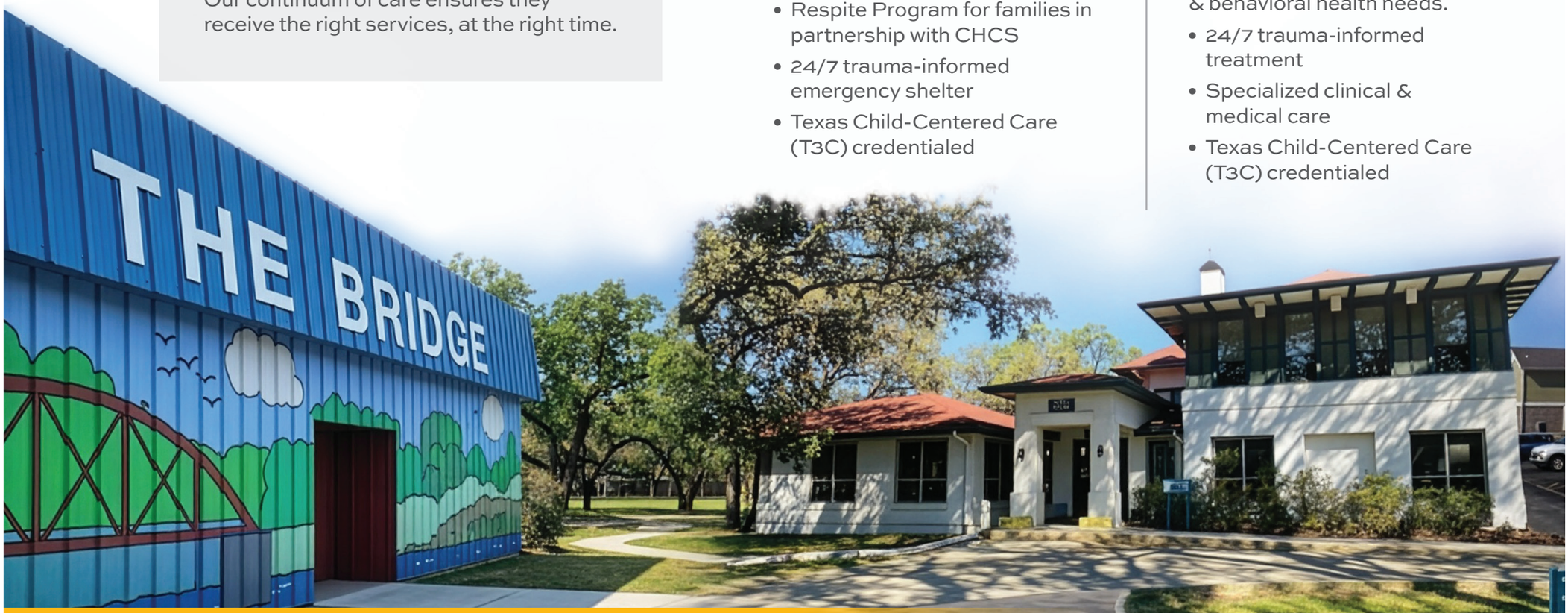
Immediate safety and stabilization for children in crisis.

- Respite Program for families in partnership with CHCS
- 24/7 trauma-informed emergency shelter
- Texas Child-Centered Care (T3C) credentialed

MEADOWLAND

Long-term residential care for children with complex mental & behavioral health needs.

- 24/7 trauma-informed treatment
- Specialized clinical & medical care
- Texas Child-Centered Care (T3C) credentialed



ONE FAMILY. TWELVE CHILDREN.

Nine siblings arrived at **The Bridge** together.

Three ultimately required long-term **residential treatment**.

Without The Bridge, **there was nowhere else** equipped to keep them together safely.

Sources: DFPS Databook; American Academy of Pediatrics (AAP)

TRANSFORM

FAMILY COUNSELING & RESOURCE CENTER

Provides mental and behavioral health services to help children and families remain safe, stable and together.

- 300+ children and families served
- Provides counseling, psychiatry and life-skills support
- Expanded facilities and clinical provider capacity to meet community need

TURNINGPOINT

Helping young adults build the stability and skills needed for independence.

- 300+ days average length of stay
- Safe housing and life skills development
- Education and employment support





OUR IMPACT

475
CHILDREN, YOUTH AND FAMILIES SERVED AGENCYWIDE

RESIDENTIAL CLIENTS
175+
CHILDREN & YOUTH RECEIVED SAFE SHELTER AND TRAUMA-INFORMED CARE

COMMUNITY COUNSELING CLIENTS
300+
CHILDREN & YOUTH RECEIVED COUNSELING SERVICES



RESULTS THAT MATTER.

85%

OF RMYA COUNSELING CENTER CLIENTS IMPROVED, EXCEEDING RMYA'S INTERNAL GOAL OF 75%.

RMYA uses the Strengths & Difficulties Questionnaire (SDQ) – a widely used behavioral screening tool for children & adolescents.

Internal positive improvement benchmark was set at 75%. RMYA exceeded this by 10%.

WHEN CHILDREN RECEIVE THE RIGHT CARE AT THE RIGHT TIME, LIVES CHANGE.

Every investment in our people, programs, and continuum of care is measured by one standard: better outcomes for children. These results demonstrate the impact of trauma-informed care, clinical excellence, and a commitment to continuous improvement.

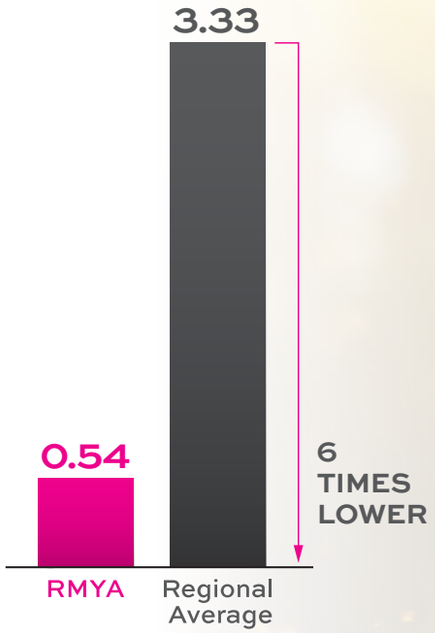
A MORE STABLE PATH FORWARD.

6x LOWER
PLACEMENT DISRUPTION RATE

Children at RMYA are far less likely to experience an unplanned move — providing greater stability during treatment.

Two-year moving average ending December 2025.

PLACEMENT DISRUPTIONS PER 1,000 DAYS OF CARE



Two-year moving average ending December 2025



"RMYA continues to set a high standard for trauma-informed care and positive outcomes for children."

Tara Roussett, CEO, SJRC/Belong for Texas Region 8



Louise and Mike Beldon

THE BELDONS

BUILDING BRIDGES TO BUILD DREAMS.

In 2025, two of Roy Maas Youth Alternatives' (RMYA) most dedicated supporters made a meaningful investment – one that ensures healing, stability, and hope remain within reach for families across San Antonio.

Louise and Mike Beldon have long been recognized for their deep commitment to the community. Their support of the RMYA Family Counseling and Resource Center (FCRC) through the Beldon Family Foundation reflects not only their generosity, but also their clear understanding of the growing need for accessible mental health services.

That understanding is rooted in history.

The Beldons first met Roy Maas early in their marriage — a meeting that left a lasting impression.

"Roy would be our age now. He was terrific. He would do anything he could to raise money for his (Youth Alternatives) kids," Louise shared.

Mike, added, "When I first met Roy, he held the record as the top wide receiver in college football in Texas history—but he never mentioned it. I only heard about it from a friend. He was incredibly modest." After a pause, he reflected, "He died way too young."

Today, the need Roy Maas worked tirelessly to address has evolved — but not diminished. Recent shifts in state policy have prioritized keeping families together whenever safely possible. While this approach brings important benefits, it has also revealed a critical gap: families remaining together often need additional support, guidance, and mental health services to navigate complex situations.

Mike and Louise Beldon's enduring commitment to children and families is expanding access to behavioral health care across our community.

RMYA saw that need firsthand.

"We began noticing a significant increase in families who needed counseling and resources — not just for youth, but for the entire family unit," said Blair Thompson, CEO, RMYA. "It became clear that if we were going to truly support these families, we had to expand our services."

Within a single year, demand for services at the Family Counseling and Resource Center increased by 50 percent, underscoring the urgent need for accessible, high-quality care. The path forward was clear: Expansion of the FCRC on the West Avenue campus.

And that's when the Beldons stepped in.

"Families are the foundation of our community," Mike said. "When they are struggling, they need support — not just in moments of crisis, but in the day-to-day challenges that can feel overwhelming."

Louise added, "We believe in the work RMYA is doing to provide that support."

With expanded capacity, the FCRC increased access to more comprehensive care – offering counseling, crisis intervention, and resources designed to meet families where they are. Whether helping a parent manage stress, supporting a child through trauma, or strengthening communication within the home, the center serves as a critical lifeline for families seeking stability.

Blair Thompson emphasized the significance of this partnership.

"We are incredibly grateful to the Beldons for their leadership and generosity," Thompson said. "Their support allows us to respond



Louise and Mike Beldon tour the Family Counseling & Resource Center's art and sand tray therapy rooms with Julie Healy, RMYA's Chief Development Officer, where young clients benefit from creative, sensory-based healing.

to the growing needs in our community. This is about more than a building – it's about creating a more dignified experience for families while expanding access, opportunity, and hope."

In many ways, that first conversation with Roy has come full circle.

"When Roy told us that he was helping children who ran away from home, I was just blown away," the Beldons reflected. "It wasn't part of our world, and the reasons weren't minor disagreements – they were serious, life-altering circumstances."

That realization continues to guide their commitment today.

The Beldons' investment sends a powerful message: no family should have to face life's challenges alone. Because of their leadership, more families in San Antonio will have the support they need – not to get through difficult moments, but to move forward with strength and hope.

INDIVIDUAL DONORS

A HEARTFELT THANK YOU TO ALL OUR DONORS.



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Donor support is critically needed to provide care for children who have nowhere else to go.

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Every name on these pages represents a commitment to creating brighter futures for children, youth, and families in crisis.

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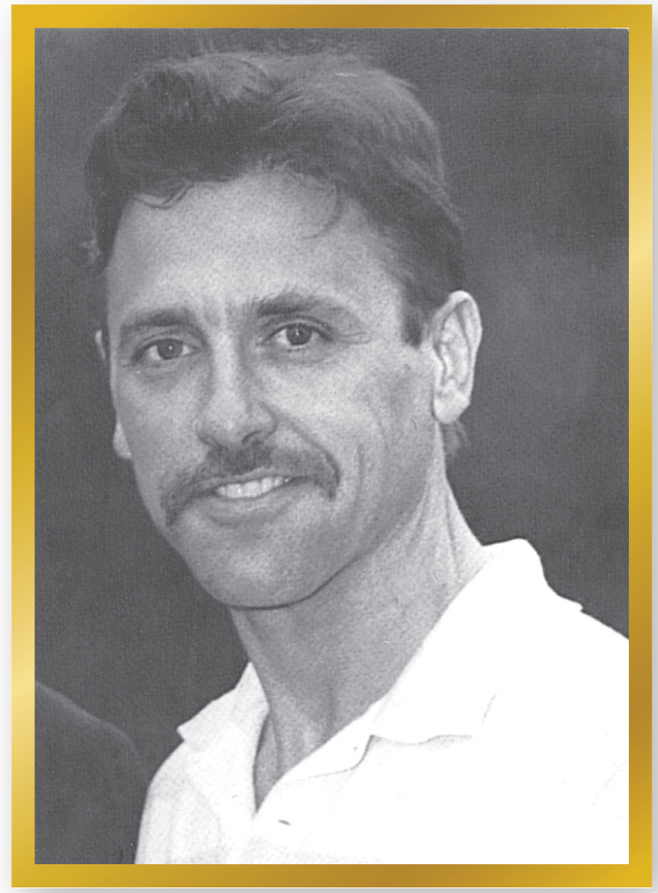
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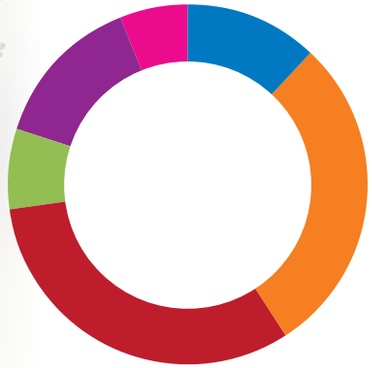


Roy Maas
(August 12, 1948 – October 30, 1994)

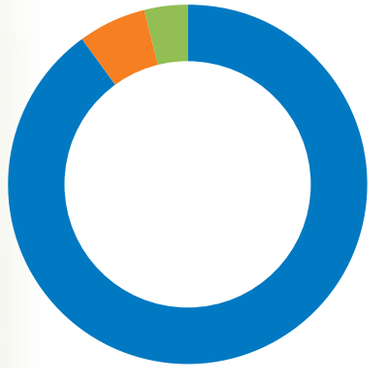
"Live one day at a time. Be positive. Be good to others. Be compassionate. Be thankful for the things you do have. Pray for yourself and others. Smile a lot, and be sure to let the people who are important to you know how special they are."



COMMUNITY INVESTMENT **POWERS HEALING, STABILITY,** AND **HOPE.**



REVENUE		2025
12%	Private Contributions	$1,548,632
29%	Private Grants	$3,633,193
32%	Government Contracts & Grants	$4,060,020
7%	Earned & Other Income	$882,542
14%	In-Kind Revenue	$1,797,952
6%	Released from Restriction	$702,272
	TOTAL REVENUE	$12,624,611



EXPENSE (NET OF DEPRECIATION)		2025
90%	Program Services	$10,879,466
6%	Fundraising	$683,102
4%	Support Services	$512,070
	TOTAL EXPENSES	$12,074,638

BOARD OF DIRECTORS 2025-2026

RICK KING
Chairperson
AT&T (Retired)

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Board Member
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Chief Financial Officer

ANALESA GONZALES,
Executive Assistant/Board Liaison



"Together we represent a commitment to creating brighter futures for children, youth, and families in crisis."

Blair Thompson
Chief Executive Officer

THANK YOU FOR YOUR SUPPORT

rmya®

Children's Residential Care & Counseling

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