



**HIPAA NOTICE OF PRIVACY ACKNOWLEDGEMENT**

The Health Insurance Portability and Accountability Act of 1996 (“HIPAA”) Notice of Privacy Practices of RMYA Family Counseling & Resource Center may use/disclose information about the client. Not all situations will be described. RMYA is required to give you notice of HIPAA Notice of Privacy Practices for the information we collect and keep about the client.

**THE NO SURPRISE ACT: No Surprises Act and Good Faith Estimate**

**Under Section 2799B-6 of the Public Health Service Act**

The “No Surprises” requirements are effective as of January 1, 2022, and protect uninsured or self-pay consumers from many unexpectedly high medical bills.

If you aren’t using insurance to pay for your care, let your health care provider know in advance. Usually, the provider must give you a good faith estimate of expected charges.

This applies when you don’t have insurance or are choosing not to use it. You may choose not to use insurance if the service you need isn’t covered, or it’s less expensive if you pay out of pocket.

In most cases, providers and facilities must give you an estimate when you schedule care at least 3 business days in advance, or if you ask for one.

If a bill from one of your providers is at least \$400 more than the good faith estimate from that provider, you can dispute your bill.

**Note:** You won’t get an estimate during emergency care.

<https://www.cms.gov/nosurprises>

<https://www.cms.gov/nosurprises/consumers/complaints-about-medical-billing>

*The information provided here is for general informational purposes and not intended to serve as legal advice or opinion.*

\_\_\_\_\_  
Client name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Self/Legal Guardian Signature

\_\_\_\_\_  
Date

Update 2024



**CLIENT INFORMATION**

**SERVICE OF:**     Counseling     UTHSCSA-Psychiatric Services (Partnership)     Parenting Class     TurningPoint

**CLIENT INFORMATION (up to the age of 24):**

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **DOB:** \_\_\_/\_\_\_/\_\_\_ **SSN#:** \_\_\_/\_\_\_/\_\_\_

**Gender:**  Male  Female    **Preferred Pronouns:**  He/Him/His     She/Her/Hers     They/Them/Their

**Race:**     White     Black/African American     American Indian/Alaska Native     Asian  
 Native Hawaiian/Pacific Islander     Prefer Not to Disclose

**Ethnicity:**     Hispanic/Latino     Non-Hispanic     Prefer Not to Disclose

**Primary Language:**     English     Spanish     Other \_\_\_\_\_

**School:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**CLIENT (18-24)/PARENT/LEGAL GUARDIAN INFORMATION:**

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ SSN#: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Gender:  Male  Female    Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Preferred number to contact:     Home     Cell     Work

I authorize the clinic to contact me through my preferred methods of communication which may include phone calls emails and text messages for the purpose of appointment reminders, treatment updates and health information. I understand that my contact details will be used responsibly and protected under a confidential agreement. Initial: \_\_\_\_\_

Email address \_\_\_\_\_ @ \_\_\_\_\_

**Relation to child:**     Biological Parent(s)     Adoptive Parent     Foster Care     Power of Attorney

**Marital Status:**     Single     Married     Divorced     Separated     Widowed     Never Married

Employment: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Legally we may not see your child until you provide all required documents:**

- Photo I.D. of legal guardian
- Insurance card
- Legal documents related to the Custody of your child: Divorce Decree, Separation Affidavit, Child Support, Power of Attorney, Foster Care Placement and Adoption documents signed by a Witness, Judge or State of Texas Caseworker.

**Please initial you have read and understood the above statement to provide the listed documents to be seen by a counselor:** \_\_\_\_\_

**EMERGENCY CONTACT:**

Name: \_\_\_\_\_ Relationship to Client \_\_\_\_\_

Phone: \_\_\_\_\_



**CLIENT INFORMATION**

**Financial Information:**

**Insurance:**  No  Yes  Medicaid  Superior/Traditional  Community First  Private \_\_\_\_\_

**Annual Income:**

- None  Less than \$5,000  \$5,000-\$9,999  \$10,000-\$14,999  \$15,000-\$24,999  \$25,000-\$34,999
- \$35,000-\$49,999  \$50,000-\$74,999  \$75,000-\$99,999  Equal/More than \$100,000
- Prefer Not to Disclose

**Family Structure:**

- Single Parent/Caregiver family household w/children (no grandparent(s) present)
- Two Parent/Caregiver family household w/children (no grandparent(s) present)
- Family household with grandparent(s) responsible for grandchild(ren) present
- Other Family household
- Single person
- Other Non-Family household

**Parent/Guardian/Individual (18-24) Education Level:**

- Less than Kindergarten  Kindergarten  1<sup>st</sup> Grade  2<sup>nd</sup> Grade  3<sup>rd</sup> Grade  4<sup>th</sup> Grade  5<sup>th</sup> Grade
- 6<sup>th</sup> Grade  7<sup>th</sup> Grade  8<sup>th</sup> Grade  9<sup>th</sup> Grade  10<sup>th</sup> Grade  11<sup>th</sup> Grade  12<sup>th</sup> Grade
- High School Diploma  GED  Technical School  Some College/No Degree  AA/AS Degree  BA Degree
- Graduate/Professional Degree

**Military Service:**

- Active Duty  Reserve/National Guard  Veteran  Retired Military  Military Dependent/Spouse
- Never Served

**ADDITIONAL INFORMATION**

**How did you hear about RMYA:**

Family  Friend  Website  Social Media  Other: \_\_\_\_\_  
Are you a Former/Current Employee:  Yes  No

**Who Referred RMYA Services:**

Legal Guardian  Court/Judge  BCJP-Probation  SAPD  CPS-Caseworker \_\_\_\_\_  
 School \_\_\_\_\_  Other \_\_\_\_\_

**Have you consulted with a Counselor?**  YES  NO

Dates: \_\_\_\_\_ Counselor/Psychiatrist: \_\_\_\_\_

**Involvement with DFPS:**

- Foster Care Conservatorship  Juvenile Probation  Family Conflict  Emotional Behavioral Disturbance
- Runaway/Elopement History  Aggressive/Assaultive Behavior  Sexually Aggressive Behavior  Truancy
- Self-Harm Behaviors  Victim of Neglect  Victim of Sexual Abuse  Victim of Physical Abuse
- Other: \_\_\_\_\_

**What issue/goal needs to be address:**

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**CONSENT: COUNSELING SERVICES**

I, \_\_\_\_\_, (Client/Legal Guardian) request RMYA Family Counseling to provide the following services: **(Please INITIAL next to services requesting)**

1. \_\_\_\_\_ Counseling for Client/Child and Legal Guardian(s) to achieve Treatment Plan/Goals set with Clinician.
2. \_\_\_\_\_ Psychiatric Services – Client/Child and Legal Guardian(s) request to receive consent for psychiatric services.
3. \_\_\_\_\_ Family-centered trauma informed Parenting Program (classes)– Group/Individual fee applies.

**Informed Consent:**

I understand counseling **sessions may run 45 min(s) to 1 hour.** I understand I may see one of the following: Licensed Professional Counselor (LPC), Licensed Marriage and Family Therapist (LMFT), Licensed Professional Counselor Associate, Licensed Marriage and Family Therapist Associate and Master Level Intern Students. Master Level Students provide the counseling services under supervision of a Licensed Professional. I understand the importance of attendance to achieve Treatment Plan/Goals per counseling session.

**Financial Agreement for Services Rendered:**

RMYA receives grants and private funding support that allows us to provide reduced cost for counseling services for clients seeking assistance.

**We offer the payment options:**

We accept the following Health Insurance:

Medicaid # \_\_\_\_\_  Superior  Traditional  Community First  
Active verification at the time of counseling services intake process and/or appointments monthly.

Client may qualify for grant funded counseling services based on eligibility. We will determine eligibility at the time of an initial assessment for services.

If you are uninsured, not using insurance or don't qualify for grant funded services RMYA offers a sliding scale fee:

- \$40.00 per session with Licensed Professional Counselors/Therapist (LPC, LMFT)
- \$20.00 per session with Licensed Professional Counselors/Therapist Associate (LPCA, LMFTA)
- No Charge (free) with Clinical Intern Students
- \$70.00 Family-centered trauma informed parenting program (classes)

**Limits of Confidentiality:**

I understand the contents of counseling sessions are protected by Confidentiality. The Limits of Confidentiality are, but not limited to the following: 1.) Records may be subpoenaed by the courts. 2.) Allegations of physical abuse, sexual abuse and/or neglect are reportable to Child Protective Services. 3.) Assessments by the therapist in disclosure a child/client is a danger to self/others. 4.) Information about breaking the Law. 5.) At-Risk behaviors in relation to youth's safety, health, and well-being.

**RMYA's Notice of Privacy Practices:**

Please refer to RMYA's Notice of Privacy Practices to find out how protected health information about you may be used, disclosed and how you may access information. A copy of these policies will be made available to you upon request.



**CONSENT: COUNSELING SERVICES**

**Future Follow-up Contact:** I understand RMYA Family Counseling & Resource Center will contact me after counseling has ended. The contact will be by phone, email, or mail. The follow-up will be to assess the home situation and changes since receiving counseling services. Attempts will be approximately 60 days after services were last provided.

**RMYA Services offered in the Counseling Center:**

- Counseling for Child, Young Adult and Family Crisis Intervention
- Psychiatric Clinic in Partnership with UTHSCSA-Psychiatric Program for Child and Young Adult.
- Parenting Classes by Group/Individual sessions.

**Client Files:** All client files are property of RMYA – Roy Maas Youth Alternatives.

**Referred by an Agency:** Before RMYA can verify attendance of sessions with a referring agency (i.e.: CPS/DFPS, BCJP, PCP, School...) at RMYA Family Counseling & Resource Center an Authorization of Release of Information form **MUST** be filled out and signed by the authorized consenter Legal Guardian/Client.

**Canceling/Rescheduling Appointment(s):** Please provide 24-hour notice canceling or rescheduling an appointment. Appointments may only be made after attending your Initial scheduled appointment. If a scheduled appointment is missed for at least **THREE** sessions with no contact as a **NoCall/No Show** all future appointments will be canceled. No showing for a minimum of **THREE** sessions consistently RMYA will contact you for continued services, if not RMYA will refer out to other agencies for provided services.

**Suggestions/Compliments/Complaints:** RMYA welcomes suggestions from our clients on ways to improve our services. Clients may call the Admin Office (210) 340-8077 or submit comments in writing to:  
RMYA: Clinic Director, 3103 West Ave, San Antonio, Texas, 78213.

**Authorized Person to transport youth for session:** Adult authorized to transport my child to counseling session other than legal guardian in the event the legal guardian cannot make the session:

Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_  
 Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_

**Verification of Guardianship for Professional Services Consent:**

I verify that I am the Legal Guardian and have the right to consent for service. I acknowledge that I have read and understand the Consent for Services.

\_\_\_\_\_  
Signature of Legal Guardian/Client (18-24) \_\_\_\_\_  
Date

\_\_\_\_\_  
Print Client/Child Name \_\_\_\_\_  
Date

**Client(s) ages 2-6:** Please sign by circling below that you understand services provided and give consent for services: ☺ ☹

**Client(s) ages 7-17:** I am the minor client/child under the age of 18, I have been explained and understand the counseling services, I give my consent for services provided.

\_\_\_\_\_  
Signature of Client ages 7-17 \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Therapist \_\_\_\_\_  
Date



**Authorization of Release of Information**

I, \_\_\_\_\_ (Client/Legal Guardian) give Roy Maas Youth Alternatives permission to disclose and receive only the information I have identified on this authorization form to the person(s) or entity I have named only for the purpose shared information listed below. I understand that this will include information relating to: (check, if applicable)

- AID/HIV                       Behavioral Health services/Psychiatric care                       Treatment for alcohol/drug abuse

**Client Information:**

Client Name: \_\_\_\_\_ D.O. B.: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_  Cell  Home  Work

**The Information shall be disclosed to the following person(s) or entity:**

Person of Contact/Agency Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Information to disclose:**

- Treatment Plan    Dates of Service    Educational information    Medical Information  
 Testing Assessment    Summary of Participation in the Program    Psychological Assessment  
 Other (**Specify**): \_\_\_\_\_

**The information disclosed is for the following:**

From (**Month/Day/Year**): \_\_\_\_\_ To (**Month/Day/Year**): \_\_\_\_\_

**Conditions of this ROI Release of Information:** This authorization is valid for one year from the date signed unless revoked prior to the date. I may revoke this authorization in writing at any time. This authorization cannot be revoked to the extent that RMYA has acted in reliance on the authorization. This information may be re-disclosed by the person(s) or entity receiving the information.

\_\_\_\_\_  
**Legal Guardian/Client (18-24yrs) signature**

\_\_\_\_\_  
**Date**



**Audiotaping Consent**

I, \_\_\_\_\_ (Client/Legal Guardian), give my authorization/consent to be audiotaped during this counseling session. I understand that during this session a counseling student intern will be recording, and a counselor will be present in the session. I understand this recording will be for educational purpose only and will be heard by the counseling student intern and supervisor/professor.

I, understand the following procedures are part of this agreement:

1. All material will be kept confidential with the class.
2. The participant will not be identified by name.
3. The tape(s) will be erased/destroyed at the end of the university's current academic semester.

The counseling student intern understands that if there are any questions/concerns at any time that they will meet with the Site Supervisor of RMYA Family Counseling & Resource Center

**Limits of Confidentiality**

During a recorded session confidentiality still applies with the counseling student intern meeting with client/child. Reminder the limits of confidentiality are but not limited to the following:

1. Records may be subpoenaed by the courts
2. Allegation(s) of physical abuse, sexual abuse and/or neglect are reportable to Child Protective Services if a minor is under the age of 18 years old.
3. Assessments by the counselor, a client is a danger to self/others.
4. Information about breaking the law.
5. A resident of TurningPoint program, TurningPoint Staff may be informed a resident is a danger to self/others or is in violation of program rules and regulations.

**Authorization for Audiotaping**

I acknowledge that the counselor and counseling student intern has reviewed the consent for audiotaping of my session with client/child and I have been given the opportunity to ask questions.

\_\_\_\_\_  
Signature of Legal Guardian/Client (18-24)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Counselor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Intern Signature

\_\_\_\_\_  
Date



**VOCA Form**

Client/Child Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Please check any that may apply if the client/family have had exposure to the following:**

- |  |   |
|--|---|
| <input type="checkbox"/> Adult physical assault (aggravated/simple)    | <input type="checkbox"/> Human Trafficking: Labor                               |
| <input type="checkbox"/> Adult sexual assault                          | <input type="checkbox"/> Human Trafficking: Sex                                 |
| <input type="checkbox"/> Adult(s) sexually abused/assaulted as a child | <input type="checkbox"/> Identity theft/fraud/financial crime                   |
| <input type="checkbox"/> Arson   | <input type="checkbox"/> Kidnapping (Custodial/Non-Custodial)                   |
| <input type="checkbox"/> Bullying (verbal/physical/cyber)              | <input type="checkbox"/> Mass Violence (Domestic/Foreign)                       |
| <input type="checkbox"/> Burglary                                      | <input type="checkbox"/> Vehicle victimization (Hit & Run)                      |
| <input type="checkbox"/> Child physical (abuse/neglect)                | <input type="checkbox"/> Robbery  |
| <input type="checkbox"/> Child Pornography                             | <input type="checkbox"/> Stalking/harassment                                    |
| <input type="checkbox"/> Child sexual abuse/assault                    | <input type="checkbox"/> Survivors of Homicide victims                          |
| <input type="checkbox"/> Domestic family violence                      | <input type="checkbox"/> Teen dating victimization                              |
| <input type="checkbox"/> DUI/DWI incident                              | <input type="checkbox"/> Terrorism (Domestic/Foreign)                           |
| <input type="checkbox"/> Violation of Court order                      | <input type="checkbox"/> Hate crime: Racial/Religious/Gender/Sexual orientation |
| <input type="checkbox"/> None Apply                                    |   |

**\*Do any of these apply to your child:**

- Deaf/Hard of Hearing       Homeless       Immigration/Refugees/Asylum seekers       LGBTQ+  
 Veterans       Disabilities: Cognitive/Physical/Mental       Limited English proficiency       None apply

\_\_\_\_\_  
Signature of Legal Guardian/Client (18-24)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Clinician

\_\_\_\_\_  
Date





**Resource Needs Assessment**

Client/Child Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_@\_\_\_\_\_

Preference of Contact:       Phone call     Email

**Please check all that apply below if you/family need assistance:**

- |   |  |
|---|--|
| <input type="checkbox"/> Adult counseling services      | <input type="checkbox"/> Health & Wellness         |
| <input type="checkbox"/> Assistance w/disabled children | <input type="checkbox"/> Insurance                 |
| <input type="checkbox"/> Autism services                | <input type="checkbox"/> Medical services          |
| <input type="checkbox"/> Baby Supplies                  | <input type="checkbox"/> Nutrition Education       |
| <input type="checkbox"/> Clothing assistance            | <input type="checkbox"/> Parenting classes         |
| <input type="checkbox"/> Dental services                | <input type="checkbox"/> Housing Services          |
| <input type="checkbox"/> Educational materials          | <input type="checkbox"/> Prescription assistance   |
| <input type="checkbox"/> Emergency shelter              | <input type="checkbox"/> Psychiatric services      |
| <input type="checkbox"/> Employment services            | <input type="checkbox"/> Transportation assistance |
| <input type="checkbox"/> Food assistance                | <input type="checkbox"/> Vision assistance         |
| <input type="checkbox"/> None apply                     |  |