

Appetite for inspiration



PHOTOS BY BOB OWEN/rowen@express-news.net

Chris Brooks (center), district executive chef for Ruth's Chris Steak House, gives instructions for a sauce to Elijah Sullivan (left), a student from Roy Maas Youth Alternatives, and Andrew Thompson, a side cook at the restaurant. The restaurant gave an 11-day cook training course.

Chris Brooks, district executive chef for Ruth's Chris Steak House, spent time at Roy Maas' Youth Alternatives after running into trouble as a teen. As an effort to give back to the organization, Brooks this month offered an 11-day restaurant training course to 16- to 21-year-olds from Youth Alternatives. The course ends today.



Sullivan sits with Kathy Glascock, senior director of development at Roy Maas' Youth Alternatives, after a lunch Sullivan prepared with other students.

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